



CERTIFICATE

OF PARTICIPATION

This is to certify that

Alphonso Van Der Merwe

Has successfully participated & completed the

42km The Spar Knysna Forest Marathon

held at Knysna.

TIME 05:27:00

PACE 07:46/km

OVERALL 499 of 834

GENDER 345 of

563

40+ 102 of

161

08 July 2023, Sat

